

# CHPC TRAINING

*Professional Training in Gestalt Therapy and Groupwork in the Southwest*



## GESTALT PERSONAL DEVELOPMENT GROUP

### **Adventures in Authenticity**

With Jenny Dawson and David Kalisch

*At Trevanin Farm, Woodbury Salterton, East Devon*

## FEEDBACK ON GESTALT PERSONAL DEVELOPMENT GROUPS FROM CURRENT GROUP MEMBERS

"I've been attending these Gestalt weekends for over four years and find them to be incredibly healing, safe, enriching and deeply soul-nourishing. For me, these groups are a very rare opportunities to be held, exquisitely safely, in a group environment, and to have experiences of deepening self-awareness which offer powerful reparative insights & healing.

For me there's a unique depth to working in a safe group environment that can be hard to find in one-to-one therapy.

David and Jenny are each incredibly gentle, wise, insightful and strong. They create and facilitate a powerful and tender safe space that is full of rich invitations and opportunities for healing and growth."

"I have been coming to the personal development group for nearly nine years. For me it's not just about making a commitment to the group, even though that will benefit every member of the group including yourself, it is about making a commitment to yourself to work through the difficulties you may have in forming a healthy, warm, loving relationship with another human being. Nothing can be more worthwhile than that."

" In this Gestalt group I am rediscovering my own authentic, creative Self with growing enthusiasm and enjoying watching other members of this group doing the same."

"Dip your toe or take the plunge into the magical waters of Gestalt with Jenny and David by your side and find out more about who you really are. Jenny and David provide a safe and supportive setting and just enough of a challenge to enable me to explore my growing edge. A rare and precious gem of an opportunity to find out more about yourself and your growing edge in a safe and supportive setting with just enough challenge to keep you excited."

### Practical Information

The Groups of 8-10 members meet at Trevanin Farm, East Devon, four times a year in Spring, Summer, Autumn and Winter. COST: £195 each weekend (excl. accommodation) Applications are invited from people with a background in a therapeutic, spiritual or similar field. CPD certificates are available. Please apply in writing stating your reasons for wanting to join, your previous personal development and group experience and your current situation. For further information please contact David: [davkalisch@aol.com](mailto:davkalisch@aol.com) or Jenny: [jeniandaw6@gmail.com](mailto:jeniandaw6@gmail.com)

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